

Welcome  
Sikh Youth Camper  
to  
YMCA Camp Cullen!

**Letter to Campers ..... 2**  
**Supplies List..... 3**  
**Rules and Regulations ..... 4**  
**Visitation Policy ..... 5**  
**Contact Information ..... 6**

Dear Camper,

Welcome to the Houston Sikh Youth Camp! This year we are heading to YMCA Camp Cullen in Trinity, Texas. We can't wait to enrich ourselves with the contagious spirit of all of our Sikh youth. We can only promise that the comradery of sangat and experience will be one that will be memorable for a lifetime. Come and join us this winter!

Gur Fateh!

# Supplies List

While Camp Cullen provides us with bunk beds in cabins, it is important for you to bring absolutely everything that you will require on a day-to-day basis in your room. Below we have compiled a list of things that you must bring.

If you do not have an item listed below, please email us so we can better accommodate you at [houstonsikhyouthcamp@gmail.com](mailto:houstonsikhyouthcamp@gmail.com)

## Required

- Fitted (and flat) sheets for twin bed
- Pillow (in pillow case)
- Comforter/blanket
- Tennis shoes (must be closed toe shoes)
- Bathroom slippers
- Light and heavy jackets
- Head covering(s) for the week (e.g. patka, dastar, chuni, bandana)
- 1-week's worth of weather- and camp-appropriate attire
- Toiletries (e.g. toothbrush, toothpaste, hair brush, bath soap)
- Bath towel
- Medication

## Optional

- Flashlight
- Bug spray
- Small alarm clock
- Umbrella
- Kurta Pajama/Punjabi Suit (for keertan darbar)

# Rules and Regulations

1. A camper must be accompanied with their group counselor(s) at all times and are to remain within camp limits. You may be expelled from camp by organizers for leaving the campsite without permission.
2. Boys are not allowed in the girls' rooms, and girls are not allowed in the boys' rooms.
3. At 10:30pm, all lights are turned off and every camper must be ready for sleep. No one should be outside their rooms without permission from their room counselors.
4. Everyone must be ready for morning and evening diwans on time.
5. Side conversation, chewing gum, and any other disturbances are not allowed in diwan, classroom or discussions.
6. Attendance in all classes and diwan is mandatory for all campers.
7. No campers are allowed to change from assigned class or sewa group without the permission of the teacher(s) and organizers.
8. Electronic equipment such as cell phones, mp3 players, and handheld games as well as snack items are not allowed at camp and will be confiscated immediately. Camp organizers and counselors are not responsible for any damages to any equipment.

The only exception to this rule is the use of recording equipment used in class and diwan for camp audio and documentation purposes by a designated person.

9. Every camper's head should be covered at all times outside the cabins.

# Visitation Policy

Camp Cullen is a 1.5- to 2-hour drive from the northwest side of Houston and is close enough for parents to visit their child at the campsite.

HOWEVER, we ask that the parents, friends, and family of the campers limit their visits to the campsite.

We work to promote a certain level of independence through a Sikh sangat and look to the parent to support this concept.

Please visit your children during playtime ONLY.

Parents will be asked to leave once playtime is over and cannot be in contact with the campers during the organized portion of playtime.

# Contact Information

Note: texting is easier to contact the following people

Manpreet Kaur	713.202.7963
Jaspreet Singh	281.761.9680
Karen Kaur	832.646.1152
Gurmeet Singh	832.264.2468
Hardeep Kaur	281.397.7468 or 713.459.4812

## Email

[houstonsikhyouthcamp@gmail.com](mailto:houstonsikhyouthcamp@gmail.com)

## Website

<https://houstonsikhyouthcamp.com>

## Twitter

[@HoustonSikhCamp](https://twitter.com/HoustonSikhCamp)

## Camp Venue

YMCA Camp Cullen

[460 Cullen Loop](#)

[Trinity, Texas 75862](#)